# **KLO WEEKLY MEMO**

# September 29 to October 3, 2025

Dear Students, Parents, Guardians and Caregivers,

Our KLO kitchen is almost complete and our food programs will be rolling in full force in the coming weeks. We are very excited for our new space and want to thank the Operations Department for all of the hard work that has gone into our new kitchen space. Our Entrepreneurial Leadership classes will be playing an important role within our food programs, moving forward, and we are excited for the positive impact this will have on our community.

Our school District will be honouring the National Day of Truth and Reconciliation on Monday, September 29, 2025. This important day calls on all of us to listen, learn, and honour the experiences of Indigenous peoples, especially the survivors of residential schools. It's a moment to acknowledge the truths of our history and commit to building a future rooted in respect, justice, and healing. Please wear orange on Monday to help contribute to supporting this day. Students will also be engaging in a learning task that helps them learn and understand why this work is so important for all Canadians. Please remember that there is NO SCHOOL on Tuesday, September 30, 2025.

Discovery Day course descriptions are now available. Please take some time to go through the options and choose your top five choices. Selection forms will be emailed to families on October 1st and will close on October 7th. Discovery Days will start on October 30, 2025. You can access the Discovery Day Descriptions Booklet HERE. Thank you to all of our teachers for the enriching experiences they are offering our KLO learners. This is such a great opportunity for students across all programs, and grades, to connect and engage with something they are truly excited about.

As we look at bringing September to a close, the French Immersion students have been drumming, sports teams are rolling, art projects are filling up the hallways, drama and band programs are buzzing and our various departments are engaging students in meaningful learning across all subject areas. Way to go, KL!. Our KLO Leadership class continues to create our weekly KLO News segment. Check it out for a glimpse into what is going on at KLO.

As noted below in the Memo, please ensure all guests (parents, guardians, caregivers, etc.) are signed in at the office anytime they are entering the KLO building. Thank you for helping us keep KLO safe.

Thank you **RONA** for your generous donations to our our Grade 7 ADST programs

Have a wonderful weekend, KLO.

Sincerely,
Nathen Elliott

Principal
École KLO Middle School
nathen.elliott@sd23.bc.ca

Upcoming Events						
Monday • lundi	Tuesday • mardi	Wednesday • mercredi	Thursday • jeudi	Friday • vendredi		
Skix <sup>w</sup> íẃs	s?aslásģt	ska?ŧlásqt	smasqt	scİkstasqt		
September 29	September 30	October 1	October 2	October 3		
29 septembre	30 septembre	1 Octobre	2 Octobre	3 Octobre		
special event bell schedule  Orange Shirt Day!	No School  Community events: Westbank First Nation – sncewips Museum  Kelowna Friendship Society  NATIONAL DAY OF TRUTH AND TRECONCILIATION 167760061 1577	7123	4567	1234  Due date for Happy Farmer PAC Fundraiser (on SchoolCashOnline)  School Photo Order Deadline on Oct 5th (First Round)		
October 6	October 7	October 8	October 9	October 10		
6 octobre	7 octobre	8 octobre	9 octobre	10 octobre		
5671	2345	6712	3456	No School  Administrative Implementation Day		



All guests entering the KLO building must check in at the office and sign in.

This is a health and safety requirement for our school.



If you are approached, or questioned, by a staff member, please understand that this is coming from a place of care and safety. Your support and understanding are greatly appreciated.

# NATIONAL DAY FOR TRUTH AND RECONCILIATION - SEPTEMBER 30

In March of 2023, the Province of B.C. recognized September 30th as the National Day for Truth and Reconciliation, declaring it a statutory holiday. This day creates time and space for all families and communities in British Columbia to reflect on Canada's history and to engage in Indigenous community events.

The day honours the children in Canada who attended residential schools, the survivors, and their families. It is also an opportunity for all British Columbians to learn about this part of our shared history and to reflect on a path forward towards reconciliation.

This statutory day responds to Call to Action #80 of the Truth and Reconciliation Commission, chaired by the Honourable Justice Murray Sinclair, which called on the federal government to establish a National Day for Truth and Reconciliation to ensure public honouring of the history and legacy of residential schools is held up as a important part of the reconciliation process.

On September 30, we encourage families to wear orange, take part in local events, read Indigenous authored stories, learn more about the local syilx territory, and spend time learning and talking together about truth and reconciliation. Walking this path is a journey we share, hand in hand, as British Columbians.





## **Truth and Reconciliation community events:**

- 1. Westbank First Nation sncewips Museum
- 2. Kelowna Friendship Society

#### **Other Resources:**

National Day for Truth and Reconciliation - Canada.ca

Understanding the National Day for Truth and Reconciliation

Orange Shirt Society

# **DISCOVERY DAYS**

Discovery Day course descriptions are now available. Please take some time to go through the options and choose your top five choices. Selection forms will be emailed to families on October 1st and will close on October 7th. Discovery Days will start on October 30, 2025. You can access the Discovery Day Descriptions Booklet HERE. Thank you to all of our teachers for the enriching experiences they are offering our KLO learners. This is such a great opportunity for students across all programs, and grades, to connect and engage with something they are truly excited about.

# **SCHOOL FEES**



School Activity/Cultural Fees are \$30.00 per student for this school year. They have now been added to your child's student account by School District 23. All School District 23 fees are paid using <a href="School Cash Online">School Cash Online</a>.

Please contact the KLO Admin team if you are facing a financial hardship that may restrict the ability of your child to access a school program so we can help with financial matters.

# **OPTIONAL STUDENT ACCIDENT INSURANCE**



Central Okanagan Public Schools does not insure expenses for student injuries that occur on school grounds or during school activities. Parents and guardians can voluntarily purchase private accident insurance. **Student Accident Insurance by StudyInsured** is a voluntary plan that provides coverage for students and their families against accidental injury, unexpected medical expenses, and critical illness. To apply for the Plan or to find out more, click **here** 

# **PHOTO DAY RETAKES**



Photo Day retakes will be on October 21st.

Please keep in mind that students should try and wear darker clothing and simpler patterns.

No green (can interfere with the backdrop)!

\*Any families requesting financial assistance to purchase school photos can reach out to vice-principal Ty Nelson at tv.nelson@sd23.bc.ca.



# **GRADE 7 - NETHERLANDS EXCHANGE OPPORTUNITY**



Grade 7 students will have the opportunity to apply for an exchange program between KLO and a group of middle students in Veendam, Netherlands. HERE is the application form which is due October 24 at 3:10pm. Once all the applications have been submitted, a selection process will take place for the 24 student seats. If you have any questions, please contact Mr. Sodaro (Michael.Sodaro@sd23.bc.ca) or Mr. Boersma (Justin.Boersma@sd23.bc.ca).

Here are two Youtube videos to give an idea of the experience: Video 1 & Video 2

# **CLAWSCO - KLO'S SCHOOL LUNCH STORE**

Hooray! Clawsco, our school lunch store, received a major renovation over the summer and will be officially opening on **Monday, October 6th**.

As our Leadership students get involved, we may be shifting menu items and snacks available so stay tuned to the menu board and memo's for up-to-date information.

#### **WEEKLY MENU**

Monday - Pasta \$5

**Tuesday** - Burrito \$5

Options: Chicken or Black Bean

Wednesday - Sushi \$5

Options: California, Spicy California, Yam or Veggie

Thursday - Sandwich \$5

Options: Ham, Turkey or Veggie

Friday - Pizza \$2.50 / slice

Options: Cheese, Pepperoni, Ham & Pineapple or Veggie



We strive to ensure all our students are well-fed and ready to learn. Any families who need food support can email <a href="mailto:laura.wiemken@sd23.bc.ca">laura.wiemken@sd23.bc.ca</a> to be added to our free lunch list.

# **STUDENT ATHLETICS**

# **KLO Athletics**

**Grade 9 Girls Volleyball** 

Coach: Mr. Ian Stevens

**Grade 9 Boys Volleyball** 

Coach: Mr. Vieweg-Cyr

**Grade 8 Girls Volleyball** 

Coaches: Ms. Blatchford & Mr. Martinson

**Grade 8 Boys Volleyball** 

Coach: Mr. McLaughlin

Grade 7/8 Rugby
Coach: Mr. Bennett

**Grade 7/8/9 Cross Country Running** 

Coaches: Ms. Richardson, Ms. Boersma & Mr. Jackman

**Grade 7 Girls & Boys Volleyball** 

Info TBA - starting in a couple weeks

For detailed athletics information, please see the <u>KLO Athletics Website</u>
Any interested volunteers can contact our Athletic Director at <u>garth.dupre@sd23.bc.ca</u>

# **LUNCH TIME CLUBS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Games Club</b> Library Ms. Li	Games Club Library Ms. Li  Coding Club Room 6 Ms. Thodas & Mr. Wells  Live Soccer Games Room 17 Mr. Bennett	Games Club Library Ms. Li  Beaded Crafters Room 6 Ms. Thodas  Live Soccer Games Room 17 Mr. Bennett	Games Club Library Ms. Li  Coding Club Room 6 Ms. Thodas & Mr. Wells	<b>Games Club</b> Library Ms. Li

# PARENT ADVISORY COMMITTEE (PAC)

The purpose of the KLO PAC is to promote and improve the quality of education and the well being of students at KLO Middle School. Our PAC helps decide where to allocate the gaming funds to specific needs within our school. They also run school events and fundraisers to help improve the KLO community.

The next PAC Meeting is October 15th at 6:30pm in the KLO Library.

# PAC Happy Farmer Fundraiser →

First Order deadline is October 3, 2025. Orders can be placed on School Cash Online or through **HERE**.

## **PAC Return-It Express Fundraiser**



KLO PAC has an ongoing fundraiser with **Return-It Express**. Please consider supporting your PAC when returning your cans/bottles.

See more information **HERE**.

# OKANAGAN FARM OUTLET HAPPY FARMER FUNDRAISER



Honeycrisp Apples or Ambrosia Apples

5 lb bag for \$10

# 40% RETURN FOR THE FUNDRAISER

Your choice of Honeycrisp Apples or Ambrosia Apples OR chose to pay it forward and purchase a bag for a family in need.

This fundraiser is brought to you by the KLO PAC. Proceeds go towards our school FARM that supports healthy eating for our KLO students.

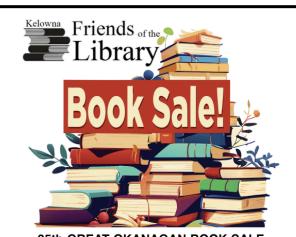
First Order deadline October 3, 2025.
Orders can be placed on school cash online.
https://CentralOkanagan.schoolcashonline.com/Fee/
Details/93533/15/False/True
PAC will arrange pick up at the school.
Thank you for your support!

# **DIGITAL DEVICE RESTRICTIONS (e.g. Cell Phones, Smartwatch, etc)**

In accordance with the requirements from the Ministry of Education and Child Care, schools across our district have updated their Student Code of Conduct to include the restricted use of cell phones and personal digital devices during school hours effective July 1, 2024. Please see <a href="HERE">HERE</a> for further information. All electronic devices that are used for communication must be stored in student lockers from the time a student enters the school until the end of the school day, unless directly authorized by school staff. If you have any questions or concerns, please connect with Administration:

Principal: <a href="Mathen.Elliott@sd23.bc.ca">Nathen.Elliott@sd23.bc.ca</a>
Vice Principal (Last Names A-K): <a href="mailto:Ty.Nelson@sd23.bc.ca">Ty.Nelson@sd23.bc.ca</a>
Vice Principal (Last Names L-Z): <a href="mailto:Laura.Wiemken@sd23.bc.ca">Laura.Wiemken@sd23.bc.ca</a>

# **COMMUNITY EVENTS / RESOURCES**



35th GREAT OKANAGAN BOOK SALE SUPPORTING ALL BRANCHES OF OKANAGAN REGIONAL LIBRARY

Wednesday October 15 2:00pm to 8pm
Thursday October 16 9:30am to 8pm
Friday October 17 9:30am to 8pm
Saturday October 18 9:30am to 2pm

Location: Immaculate Conception Parish Hall 839 Sutherland Avenue, Kelowna

Church Parking: New One-Way System

Enter: West Alley (by Church) Exit: East Alley (by Hall)

Kelowna Friends of the Library acknowledge the support of DR MOSHE OZ and TWO SMALL MEN WITH BIG HEARTS MOVING

fol4k@hotmail.com | www.kelownafol.ca | Facebook



GRADES K - 5



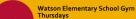


# Fall 2025 **Teen Programs** & Certifications



#### **Volleyball Training**

Volleyball Training for Teens is run by Volleyball BC. This program has been modified and specifically designed for 13-15 -year-olds who are a beginner or intermediate player of Volleyball. It focusses on how to properly bump set and spike and play the game.



Thursdays

• 34743: September 25 - October 23

• 34983: November 6 - December 4



Mondays

• 34759: September 22 - November 3

• 34984: November 10 - December 15





#### Pickleball for Youth

Join this exciting pickleball class for teens, perfect for beginners or those wanting to improve. The class covers fundamentals like rules, techniques, and strategies, emphasizing teamwork and sportsmanship Teens will gain confidence on the court while staying active and having fun. Canvon Falls Middle Gymnasium Ages: 12Y - 16Y Saturdays 35255: September 6 - 27 346 35256: October 25 - December 13 11am - 12pm



#### **Drop-in Basketball**

Join us for basketball! This program welcomes all skill levels, emphasizing fun, friendship, and fitness. Feel free to bring your own ball, and remember to bring a dark and light shirt or jersey along with a water bottle.

Canyon Falls Middle Gymnasium Ages: 13Y - 18Y Saturdays September 6 - 27 October 25 - November 15 November 22 - December 13 1:30 - 3:00pm

#### **Tennis for Teens**

Serve, rally, and improve your game! This fun and activ class helps teens build tennis fundamentals, including proper grip, footwork, and stroke techniques. Taught by experienced instructors, it's a great way to stay active, meet new friends, and enjoy the game in a supportive setting.

#### Ages: 12Y - 16Y



Wednesdays 34756: September 10 - October 8



City Park Tennis Court Thursdays 34757: September 11 - October 2 5:00 - 6:00pm

# In the Kitchen

#### Vegan Teen Cooking In this class, teens will learn how to make

nutritious, delicious meals that are vegan

Parkinson Rec Centre Kitchen 6:00 - 8:00pm Ages: 12Y - 18Y

35192: Thursday, October 23: Lentil "Meat" Balls with Spaghetti and Marinara Sauce

35193: Wednesday, November 19: Black Bean Quesadilla with Manao Salsa & Crema

35194: Monday, December 8: Pad Thai with Tofu

## **Baking for Teens**

In this engaging course, teens will acquire essential baking skills such as measuring, mixing, kneading, and decorating. They'll learn to make classic cookies, muffins, cupcakes, and simple breads, gaining handson experience and confidence to create their own sweet or savory treats at home.

• 35211: October 28 - December 2 Parkinson Rec Centre Kitchen

5:30 - 7:00pm Ages: 11Y - 15Y



• 35210: September 16 - October 21



## Quick & Delicious **Cooking for Teens**

Whip up something delicious in no time! This fast-paced class teaches teens how to make simple, tasty meals and snacks using basic ingredients and kitchen tools. Perfect for building confidence, independence, and real-life cooking skills-no experience needed!

Parkinson Rec Centre Kitchen 6:00 - 7:15pm

Ages: 12 - 15Y

\$222 34752: September 15 - October 6

\$122 34742: October 20 - November 10

\$82 34744: November 17 - December 1

⊕ rec.kelowna.ca 250-469-8800



# & more!

## Free Youth Nights

Youth Night is the perfect way for young people to hang out, meet new friends, and enjoy a variety of activities This always includes a free swim, gym time and other fun activities.

Parkinson Rec Centre 6:00 - 9:00 pm

Ages: 11Y - 15Y

- Saturday September 20
- Saturday October 18
- Saturday November 15



## **Babysitter Certification**





Red Cross

Participants will gain the skills to provide ageappropriate care for young children while mastering effective emergency prevention and response techniques—all through a Red Cross Certified program.

Parkinson Activity Centre - Activity Room 9 am - 4 pm Ages: 11Y - 18Y Saturdays

- 34627: September 20 • 35213: October 18
- 35214 November 22

erase EXPECT RESPECT & A SAFE EDUCATION

Information for Parents and Caregivers

# Resources to support you and your child



Register for free training

and youth online



### Have a conversation

Talk with children and youth about things they may be experiencing

# What kind of information can I find on

erase.gov.bc.ca?

- Practical guidance to help you support your child's safety and well-being
- · Resources and information about:
  - Diversity and inclusion
  - · Mental health and substance use
  - School and online safety
- Free training sessions to help you keep your child safe online
- · Videos explaining erase, the Report It Tool, and safe, caring and inclusive schools
- Tips for bringing concerns to your child's school

# What is the Report It Tool?

Report It is an anonymous online tool for students to report anything concerning to their school safety team—whether it happens at school, online, or somewhere else. Find it at erase.gov.bc.ca.

Questions? Reach out to your school to learn more.



Ministry of Education and Child Care



