

KLO WEEKLY MEMO

October 20 - 24, 2025

Dear Students, Parents, Guardians and Caregivers,

This week, our PAC and parents had the opportunity to review teacher proposals for Gaming Grant funding. Thank you to our PAC Executive, parents and teachers who poured hours into submitting, reviewing and approving these requests. KLO is thankful for the commitment from our parent community and we are excited for the new initiatives and opportunities our students will get to experience, as a result of these contributions.

Students participated in their first CEd morning of the school year. There will be two Thursday mornings a Term committed to learning about the [Core Competencies](#). Parents should receive self-reflections from their child(ren) via email by the end of next week. Again, we encourage you to review and discuss these reflections with your child(ren). Grade 9 students also spent some of this time learning about the upcoming Take our Kids to Work Day, which is scheduled for Wednesday, November 5th. Our hope is that all grade 9 students participate in this great day of learning about potential careers.

Parent Teacher Conferences will be taking place on Wednesday, October 22nd from 5:00 to 7:00pm. This round is by appointment only. Please see below for details. As

With the frosty mornings upon us, KLO will be collecting lightly used winter coats, boots, jackets, etc. Please see below for more details. Also, we have a large amount of items in the Lost and Found. Please collect items before October 31, 2025. Unclaimed items will be donated to a good cause.

Have a great weekend, KLO!

Sincerely,
Nathen Elliott

Principal
École KLO Middle School
nathen.elliott@sd23.bc.ca



Upcoming Events...

Monday • lundi Skixwíws	Tuesday • mardi sʔasíásq̓t	Wednesday • mercredi skaʔííásq̓t	Thursday • jeudi smasq̓t	Friday • vendredi scílkstasq̓t
October 20 20 octobre	October 21 21 octobre	October 22 22 octobre	October 23 23 octobre	October 24 24 octobre
7123	4567  Photo Retakes	123 Early Dismissal (12:15 PM) Parents Teacher Conferences (5-7pm) Last day to order Fresh to You Fundraiser veggies (see below)	CEd45 Discovery Days schedules sent home	No School Teacher Professional Development Day Last day to order Apple/Pear PAC Fundraiser (see below)
October 27 27 octobre	October 28 28 octobre	October 29 29 octobre	October 30 30 octobre	October 31 31 octobre
6712  Hockey Academy (1:30-3:00 Rink 2)	3456	7123	DD45 Discovery Days Start!	6712  Hockey Academy (1:45-3:15 Rink 2) Grade 9 - Take Our Kids to Work Day permission form due to HR teacher

WINTER CLOTHING DONATIONS



We are accepting any donations for gently used winter clothing (coats, boots, snow pants, hoodies, etc) on Monday & Tuesday next week. **No used gloves, neckwarmers or toques, please.** Please bring your pre-washed items to the labelled bin at the front of the school by the parking lot roundabout. We will display these donations for any families in need on Wednesday evening at Parent Teacher Interviews (5-7pm). Please help yourself to the items displayed in the Cougar Den cafeteria.

PARENT-TEACHER CONFERENCES - OCTOBER 22

KLO's Parent-Teacher Conferences are on Wednesday October 22 (students will be dismissed at 12:15pm).

Parents/guardians can book private appointments between 5:00-7:00pm through the online booking site <https://klo.schoolappointments.com/>

If you cannot attend at this time and would like to connect with the teacher, please email them at firstname.lastname@sd23.bc.ca or email KLOMiddle.School@sd23.bc.ca if you do not know your child's teachers names.

TAKE OUR KIDS TO WORK DAY - GRADE 9s!



Take Our Kids To Work Day is Wednesday, November 5th! Step into your future for the day! This nationwide event sends Grade 9 students from across Canada to work for a day of experience and exploration. Students are expected to go to work with their parent/guardian or another adult for the day and complete an assignment as part of their Careers 9 class.

Return the permission form to your Homeroom teacher by Friday, October 31st.

Please email michael.szalay@sd23.bc.ca if you have any questions.

DISCOVERY DAYS - KLO'S ENRICHMENT PROGRAM



Discovery Days ("DD") will start on October 30, 2025. You can access the Discovery Day Descriptions Booklet [HERE](#). Thank you to all of our teachers for the enriching experiences they are offering our KLO learners. This is such a great opportunity for students across all programs, and grades, to connect and engage with something they are truly excited about. Students will receive their "DD" schedules on Thursday, October 23 in their morning CEEd block.

GRADE 7 - NETHERLANDS EXCHANGE OPPORTUNITY



Grade 7 students will have the opportunity to apply for an exchange program between KLO and a group of middle students in Veendam, Netherlands. [HERE](#) is the **application form which is due October 24** at 3:10pm. Once all the applications have been submitted, a selection process will take place for the 24 student seats. If you have any questions, please contact Mr. Sodaro (Michael.Sodaro@sd23.bc.ca) or Mr. Boersma (Justin.Boersma@sd23.bc.ca).

Here are two Youtube videos to give an idea of the experience:  [Video 1](#) & [Video 2](#) 

CLAWSCO - KLO'S SCHOOL LUNCH STORE

Monthly Prepaid Lunches: Pre-paying for the month guarantees your child gets the daily meal everyday and they do not have to wait in the main line up unless they are purchasing snacks. This will be available on SchoolCashOnline starting next week!

Monthly Cost: November \$90 / December \$70 / January \$95 / February \$85 / March \$55 / April \$105 / May \$95 / June \$70

*No refunds or partial refunds available for absences or food preferences due to the high cost of food programming.

WEEKLY MEAL MENU*

Monday - Pasta \$5

Tuesday - Burrito \$5

Options: Chicken or Black Bean

Wednesday - Sushi \$5

Options: California, Spicy California, Yam, Cucumber or Mixed Veggie

Thursday - Sandwich \$5

Options: Ham, Turkey or Veggie

Friday - Pizza \$2.50 / slice

Options: Cheese, Pepperoni, Ham & Pineapple, Veggie or GF Veggie

**Subject to change as Leadership & Business classes get involved in running the school store and menu planning*



We strive to ensure all our students are well-fed and ready to learn.

BREAKFAST is available every morning for any students who need it. No need to sign up - just stop by the "Cougar Den" cafeteria for some good brain food before a day of learning.

Any families who need additional food support at LUNCH can email laura.wiemken@sd23.bc.ca to be added to our school sponsored lunch list.

DIGITAL DEVICE RESTRICTIONS (e.g. Cell Phones, Smartwatch, etc)



In accordance with the requirements from the Ministry of Education and Child Care, schools across our district have updated their Student Code of Conduct to include the restricted use of cell phones and personal digital devices during school hours effective July 1, 2024. Please see [HERE](#) for further information. All electronic devices that are used for communication must be stored in student lockers from the time a student enters the school until the end of the school day, unless directly authorized by school staff. If you have any questions or concerns, please connect with Administration.

Principal: Nathen.Elliott@sd23.bc.ca

Vice Principal (Last Names A-K): Ty.Nelson@sd23.bc.ca

Vice Principal (Last Names L-Z): Laura.Wiemken@sd23.bc.ca

STUDENT ATHLETICS

KLO Athletics

Grade 9 Girls Volleyball

Coach: Mr. Ian Stevens

Grade 9 Boys Volleyball

Coach: Mr. Vieweg-Cyr

Grade 8 Girls Volleyball

Coaches: Ms. Blatchford & Mr. Martinson
Practices: Tuesday & Fridays 7:30am - 8:30 am

Grade 8 Boys Volleyball

Coach: Mr. McLaughlin
Practices: Tuesdays 3:30pm-4:30pm & Thursdays 7:30am-8:30am

Grade 7 Girls Volleyball

Practices: Tuesday & Thursday at lunch (11:45am-12:20pm)

Grade 7 Boys Volleyball

Practices: Monday at lunch 11:45am -12:20pm
& Wednesday after school (3:30 -4:30pm)

Grade 7/8 Rugby

Coach: Mr. Bennett

Grade 7/8/9 Cross Country Running

Coaches: Ms. Richardson, Ms. Boersma & Mr. Jackman

SD23 Wrestling Team

Please connect with Mr. Dupre if you missed the start up meeting on October 15.

For detailed athletics information, please see the [KLO Athletics Website](#)



Any questions or interested volunteers can contact our Athletic Director at garth.dupre@sd23.bc.ca

LUNCH TIME CLUBS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Games Club Library Ms. Li	Games Club Library Ms. Li	Games Club Library Ms. Li	Games Club Library Ms. Li	Games Club Library Ms. Li
	Coding Club Room 6 Ms. Thodas & Mr. Wells	Beaded Crafters Room 6 Ms. Thodas	Coding Club Room 6 Ms. Thodas & Mr. Wells	
	Live Soccer Games Room 17 Mr. Bennett	Live Soccer Games Room 17 Mr. Bennett		

PARENT ADVISORY COMMITTEE (PAC)

The purpose of the KLO PAC is to promote and improve the quality of education and the well being of students at KLO Middle School. Our PAC helps decide where to allocate the gaming funds to specific needs within our school. They also run school events and fundraisers to help improve the KLO community. If you have any questions or would like to add items to upcoming PAC agendas, please email Klo.PacPresident@sd23.bc.ca.

The next PAC Meeting is November 19th at 6:30pm in the KLO Library.

Fresh to You Fundraiser & PAC Apple Fundraiser

Fresh to You Bundle #1 - \$25 - carrots, yellow onions, apples, russet potatoes

Fresh to You Bundle #2 - \$30 - carrots, parsnips, russet potatoes, squash

Honeycrisp, Ambrosia or Pears - \$10

Available on School Cash Online.

More info →

PAC Return-It Express Fundraiser



KLO PAC has an ongoing fundraiser with Return-It Express.

Please consider supporting your PAC when returning your cans/bottles.

See more information [HERE](#).

KLO PAC APPLE FUNDRAISER



First Order Pick Up:
Wednesday, October 15th,
starting at 2:30pm

Second Order deadline October 24, 2025.

Orders can be placed on school cash online.
<https://CentralOkanagan.schoolcashonline.com/Fee/Details/94474/15/False/True>

Second Order Choices:
Honeycrisp Apples,
Ambrosia Apples
OR Pears!
OR chose to pay it forward
and purchase a bag for a family in need.



\$4/bag comes back to the school!

This fundraiser is brought to you by the KLO PAC.
Proceeds go towards our school FARM that supports
healthy eating for our KLO students.
PAC will arrange pick up at the school.
Thank you for your support!

FRESH TO YOU FUNDRAISER



The Fresh to You Fundraiser is a great way to fundraise with healthy food choices while making a 40% profit for your school.

Here's What's in the Bundles



Basic bundle \$25
3lb Carrots
3lb Yellow Onions
3lb Apples
5lb Russet Potatoes

Seasonal Bundle \$30
3lb Carrots
1lb Parsnips
5lb Russet Potatoes
283g Shallots
3 pack Loveable Little Squash

This fundraiser supports the KLO Modular farm and free meal programs in the school

We love to eat fresh fruits and vegetables!

Our school is making a healthy choice in fundraising by selling top quality fruits and vegetables from BC.

Help us:

- meet our school's fundraising goals
- support healthy choices
- support local growers and producers

Fundraising Dates: October 2nd to 22nd
Fundraising Coordinator: Mme Lockwood

Purchase through school cash online .
Delivery mid November



Revised June 2025

COMMUNITY EVENTS / RESOURCES



WE WANT YOU!

COME PLAY RUGBY FOR THE KELOWNA CROWS!

NOW RECRUITING BOYS AND GIRLS AGES 12-17 TO JOIN OUR CLUB. OUR U14 TEAM IS ESPECIALLY EAGER TO MEET YOU! THE SEASON IS ALREADY UNDERWAY AND LOOKING STRONG.

ONLY \$250
REGULAR COST \$325



Kelowna Crows R.F.C.
est. 1969

www.kelownacrows.com

EMAIL JUNIORDIRECTOR@KELOWNACROWS.COM FOR THE DISCOUNT CODE

Register Today!

Big White Ski Club BLAZERS:

- 10 week program
- Starting early January, choose Saturdays or Sundays
- An introduction to ski racing
- For skiers aged 6-11 (not a learn to ski program)



BIG WHITE SKI CLUB

*payment plans available

www.bigwhiteskiclub.com/registernow




Winter Theatre Classes

November-December 2025

Professional Instruction/Last Class Show
Studio 100, Rotary Centre for the Arts

Youth	Teens	Adults
HOME, ALONE SATURDAYS 10-11AM OR MONDAYS 4-5:30PM	WINTER MYSTERY PLAY SATURDAYS 11-1PM	IMPROV MONDAYS 5:30-7
K-POP COMEBACK SATURDAYS 1-2PM OR WEDNESDAYS 4-5:30PM	CHICAGO MUSICAL SATURDAYS 3-5:30PM	LET'S MAKE A HOLIDAY MURDER MYSTERY IMPROV TUESDAYS 5:30-7
SLEEPING BEAUTY SATURDAYS 2-3PM OR TUESDAYS 4-5PM		

Register/Info
www.newvintage.ca



YOUTH EMPLOYMENT SUMMIT

Kelowna Ramada Hotel & Conference Centre
2170 Harvey Avenue, Kelowna BC Canada V1Y-6G8
Thursday November 20th, 2025 | 1 pm - 7pm

A FREE Inclusive Employment Event for youth with disabilities

Register and read more at inclusionBC.org/YES



The Youth Employment Summit (YES!) is coming to your community — and we want you to be part of it!

These inclusive, free events are designed to spark inspiration and open doors — whether you're just starting to think about your future or ready to step into the workforce. Join us to meet new people, learn from professionals, and take the next step on your employment journey!

FREE Snacks & Drinks!
Fuel up while you connect and learn.

This event is brought to you in collaboration with Pathways Abilities Society, Central Okanagan Public Schools, WHEELS Transition to Employment Program & Okanagan College

inclusion BC



FALL 2025 4 ON 4 VOLLEYBALL PROGRAM

OPEN FOR REGISTRATION

REGISTER NOW @ GOHEAT.CA

PROGRAM OVERVIEW

This program focuses on skill building and game play using smaller sized courts and a 4 on 4 format. Fewer players means more contacts and a faster game to accelerate your development. Each of the 3 sessions will feature a warm-up, skill acquisition activities, and game play so athletes can apply what they have learned. Whether you are new to the game, playing on a school team or preparing for club tryouts, this program will help you develop your skills, prepare for 6 on 6, and have fun.

*Select UBCO Heat Men's Volleyball to register.

PROGRAM INFORMATION

- Grades 4-5 @ 1:15pm-2:15pm (\$60.00)
- Grades 6-7 @ 2:30pm-4:00pm (\$90.00)

All genders welcome!

UBC Okanagan Gymnasium (3211 Athletics Court, Kelowna)

- Sunday, October 19
- Sunday, October 26
- Sunday, November 2

***Registration includes all three dates.

Questions: please contact scott.koskie@ubc.ca



Digital Toolkit

Culturally relevant mental health resources for children and youth

Share the BC Children's Hospital and Our Kids' Health campaign with parents and caregivers on your social media channels, in your waiting rooms, and in newsletters!

About our campaign

BC Children's [Health Bridge](#) and BC Children's [Kelty Mental Health Resource Centre](#) have partnered with [Our Kids' Health](#) to create culturally relevant, accessible mental health resources in multiple languages to help families promote their mental health and wellness.

The short videos and written posts feature clinicians from nine cultures, and are available in Arabic, Cantonese, Mandarin, Punjabi, Tamil, Spanish, Tagalog, Ukrainian, English, and for Black communities. They touch on key mental health topics such as anxiety, eating disorders, talking to your child about mental health, self-harm and more. The campaign will run until late Fall 2025.

Looking for the Resources?

You can find the videos and information all in one place at: keltymentalhealth.ca/multilanguage

What you can do

Share these mental health resources with the families and caregivers in your network.

Newsletter blurb

Does your organization have an online newsletter? Add this blurb to help us spread the word!

[See blurb >](#)

Posters

We've prepared posters you can download or put up in your waiting room to help us share the news.

[See poster >](#)

Social media

Does your organization have Facebook or Instagram? We've prepared content you can share.

[See posts >](#)



**Partners for
Inclusive Education**

Partners for inclusive Education (PIE) is a welcoming online space committed to supporting parents/guardians to learn more about the how students with neurodiversity, disability, support needs and/or diverse abilities are supported in their neighborhood school.

PIE is a space where parents/guardians, staff and community come together as partners to champion inclusive education by learning and supporting each other as we navigate the school years together. We connect virtually five times a year offering workshops, speakers, and opportunities to connect with other parents/guardians.

The purpose of Partners for Inclusive Education can be found on the School District website under Parent Resources

Next Event Date:

The next Partners for Inclusive Education meeting is scheduled for:

Date: October 21, 2025

Time: 6:30 pm

Topic: Meeting Your SD23 Team

Location: Microsoft Teams

[Join the meeting now](#)

Meeting ID: 298 345 755 488 5

Passcode: tb3tX3un