## **KLO WEEKLY MEMO**

## October 13 - 17, 2025

Dear Students, Parents, Guardians and Caregivers,

Thank you to our students, families and staff for their efforts in getting Discovery Day selections completed. Please note that there is financial assistance available for Discovery Day programming, if needed. We look forward to our first Discovery Day on October 30th and know our students are excited for these special days ahead.

This school year, we will be dedicating two Thursday mornings a term to learning about, and self-reflecting on, the <u>Core Competencies</u>. Along with literacy and numeracy, the Core Competencies are sets of intellectual, personal, and social and emotional proficiencies that all students need in order to engage in deep, lifelong learning. Throughout the year, you should receive several self reflections from your child by email. Be sure to take a moment to talk about this learning, as well as the self-reflections emails, with your child. Please note that attendance on these days is very important. Thank you for your support.

Thank you to our KLO community for all of the generous apple donations to our food programs. These apples will surely help us feed some hungry bellies.

Remember that there is no school this Friday or Monday. Our KLO team will be working on our <u>Student Learning Priorities</u> throughout the day on October 10, 2025. This learning will have a positive impact on our students' learning across all subject areas.

We wish all of our KLO families a wonderful Thanksgiving weekend and we look forward to seeing our students back on Tuesday.

Sincerely, Nathen Elliott

Principal École KLO Middle School nathen.elliott@sd23.bc.ca



Upcoming Events						
Skix <sup>w</sup> íẃsMonday •	Tuesday • mardi	Wednesday • mercredi	Thursday • jeudi	Friday • vendredi		
Iundi	s?asĺásģt	ska?ŧlásqt	smasqt	scĺkstasą́t		
October 13	October 14	October 15	October 16	October 17		
13 octobre	14 octobre	15 octobre	16 octobre	17 octobre		
No School	7123	PAC Meeting 6:30 KLO Library  KLO Wrestling Team meeting in gym at lunch  Strength Training Lunch Group Sign up (gym)  PAC Apple fundraiser (pick up starting at 2:30pm at the front doors)	Hockey Academy 8:15 - 9:45 (Rink 2)	3456		
October 20	October 21	October 22	October 23	October 24		
20 octobre	21 octobre	22 octobre	23 octobre	24 octobre		
7123	4567 Photo Retakes	123  Early Dismissal (12:15 PM)  Student Led Learning Conversations / Parents Teacher Conferences  Last Day to order Fresh to you fundraiser veggies	CEd45	No School  Administrative Implementation Day		

## **SCHOOL MESSENGER**



If students are being signed out for early departures from school, please be sure to put it into our system. You can phone the school and press "1" to access the automated system. No time to phone? Please download the School Messenger App or go to *go.schoolmessenger.ca* to make signing out as simple as possible. Please click <u>HERE</u> to learn more. Ensuring early departures are submitted in a timely manner makes the transition out as smooth as possible. Thank you for your support and understanding.

## **DISCOVERY DAYS - KLO'S ENRICHMENT PROGRAM**

Discovery Days will start on October 30, 2025.

You can access the Discovery Day Descriptions Booklet <u>HERE</u>. Thank you to all of our teachers for the enriching experiences they are offering our KLO learners. This is such a great opportunity for students across all programs, and grades, to connect and engage with something they are truly excited about.

## **PHOTO DAY RETAKES**

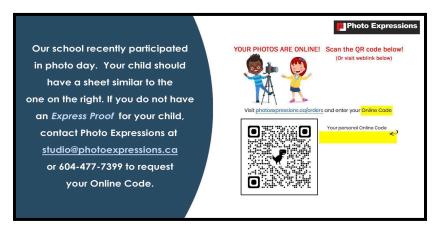


Photo Day retakes will be on October 21st.

Please keep in mind that students should try and wear darker clothing and simpler patterns.

No green (can interfere with the backdrop)!

\*Any families requesting financial assistance to purchase school photos can reach out to vice-principal Ty Nelson at ty.nelson@sd23.bc.ca.



## **GRADE 7 - NETHERLANDS EXCHANGE OPPORTUNITY**



Grade 7 students will have the opportunity to apply for an exchange program between KLO and a group of middle students in Veendam, Netherlands. HERE is the application form which is due October 24 at 3:10pm. Once all the applications have been submitted, a selection process will take place for the 24 student seats. If you have any questions, please contact Mr. Sodaro (Michael.Sodaro@sd23.bc.ca) or Mr. Boersma (Justin.Boersma@sd23.bc.ca).

Here are two Youtube videos to give an idea of the experience: Tildeo 1 & Video 2

## **CLAWSCO - KLO'S SCHOOL LUNCH STORE**

Hooray! Clawsco, our school lunch store, received a major renovation over the summer and is now open. Snack items are being added daily so stay tuned to the menu wall for the most up-to-date options.

Monthly Prepaid Lunches: Pre-paying for the month guarantees your child gets the daily meal everyday and they do not have to wait in the main line up unless they are purchasing snacks. This will be available on SchoolCashOnline starting next week!

Monthly Cost: November \$90 / December \$70 / January \$95 / February \$85 / March \$55 / April \$105 / May \$95 / June \$70

\*No refunds or partial refunds available for absences or food preferences due to the high cost of food programming.

#### **WEEKLY MEAL MENU\***

Monday - Pasta \$5

Tuesday - Burrito \$5

Options: Chicken or Black Bean

Wednesday - Sushi \$5

Options: California, Spicy California, Yam or Veggie

**Thursday** - Sandwich \$5 Options: Ham, Turkey or Veggie

Friday - Pizza \$2.50 / slice

Options: Cheese, Pepperoni, Ham & Pineapple or Veggie

\*Subject to change as Leadership & Business classes get involved in

running the school store and menu planning



We strive to ensure all our students are well-fed and ready to learn.

**Breakfast** is available every morning for any students who need it. No need to sign up - just pop on by the "Cougar Den" cafeteria for some good brain food before a day of learning.



Any families who need additional food support at **lunch** can email <u>laura.wiemken@sd23.bc.ca</u> to be added to our school sponsored lunch list.

## **DIGITAL DEVICE RESTRICTIONS (e.g. Cell Phones, Smartwatch, etc)**



In accordance with the requirements from the Ministry of Education and Child Care, schools across our district have updated their Student Code of Conduct to include the restricted use of cell phones and personal digital devices during school hours effective July 1, 2024. Please see <a href="HERE">HERE</a> for further information. All electronic devices that are used for communication must be stored in student lockers from the time a student enters the school until the end of the school day, unless directly authorized by school staff. If you have any questions or concerns, please connect with Administration.

## **STUDENT ATHLETICS**

## **KLO Athletics**

**Grade 9 Girls Volleyball** 

Coach: Mr. Ian Stevens

**Grade 9 Boys Volleyball** 

Coach: Mr. Vieweg-Cyr

**Grade 8 Girls Volleyball** 

Coaches: Ms. Blatchford & Mr. Martinson

Practices: Tuesday & Fridays 7:30am - 8:30 am

**Grade 8 Boys Volleyball** 

Coach: Mr. McLaughlin

Practices: Tuesdays 3:30pm-4:30pm & Thursdays 7:30am-8:30am

**Grade 7/8 Rugby** 

Coach: Mr. Bennett

**Grade 7/8/9 Cross Country Running** 

Coaches: Ms. Richardson, Ms. Boersma & Mr. Jackman

**Grade 7 Girls Volleyball** 

Practices: Tuesday & Thursday at lunch (11:45am-12:20pm)

**Grade 7 Boys Volleyball** 

Practices: Monday at lunch 11:45am -12:20pm & Wednesday after school (3:30 -4:30pm)

For detailed athletics information, please see the <u>KLO Athletics Website</u>
Any interested volunteers can contact our Athletic Director at <u>garth.dupre@sd23.bc.ca</u>

## **LUNCH TIME CLUBS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Games Club</b> Library Ms. Li	Games Club Library Ms. Li  Coding Club Room 6 Ms. Thodas & Mr. Wells  Live Soccer Games Room 17 Mr. Bennett	Games Club Library Ms. Li  Beaded Crafters Room 6 Ms. Thodas  Live Soccer Games Room 17 Mr. Bennett	Games Club Library Ms. Li  Coding Club Room 6 Ms. Thodas & Mr. Wells	<b>Games Club</b> Library Ms. Li

## PARENT ADVISORY COMMITTEE (PAC)

The purpose of the KLO PAC is to promote and improve the quality of education and the well being of students at KLO Middle School. Our PAC helps decide where to allocate the gaming funds to specific needs within our school. They also run school events and fundraisers to help improve the KLO community.

The next PAC Meeting is next week on October 15th at 6:30pm in the KLO Library.

#### Fresh to You Fundraiser

Bundle 1 - \$25 - carrots, yellow onions, apples, russet potatoes

Bundle 2 - \$30 - Carrots, parsnips, russet potatoes, squash

Available on School Cash Online.

More info  $\rightarrow$ 

## **PAC Happy Farmer Apple Fundraiser**

Available on School Cash Online.

More info  $\rightarrow$ 









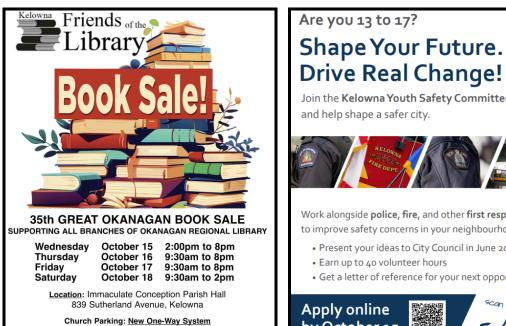
KLO PAC has an ongoing fundraiser with Return-It Express.

Please consider supporting your PAC when returning your cans/bottles.

See more information **HERE**.

## **COMMUNITY EVENTS / RESOURCES**





Exit: East Alley (by Hall)





Kelowna Friends of the Library acknowledge the support of DR MOSHE OZ and TWO SMALL MEN WITH BIG HEARTS MOVING

fol4k@hotmail.com | www.kelownafol.ca | Facebook

Enter: West Alley (by Church)





Health Bridge Kelty Mental Health Resource Cents



## Digital Toolkit

# Culturally relevant mental health resources for children and youth

Share the BC Children's Hospital and Our Kids' Health campaign with parents and caregivers on your social media channels, in your waiting rooms, and in newsletters!

## About our campaign

BC Children's <u>Health Bridge</u> and BC Children's <u>Kelty Mental Health Resource Centre</u> have partnered with <u>Our Kids' Health</u> to create culturally relevant, accessible mental health resources in multiple languages to help families promote their mental health and wellness.

The short videos and written posts feature clinicians from nine cultures, and are available in Arabic, Cantonese, Mandarin, Punjabi, Tamil, Spanish, Tagalog, Ukrainian, English, and for Black communities. They touch on key mental health topics such as anxiety, eating disorders, talking to your child about mental health, self-harm and more. The campaign will run until late Fall 2025.

#### Looking for the Resources?

You can find the videos and information all in one place at: keltymentalhealth.ca/multilanguage

## What you can do

Share these mental health resources with the families and caregivers in your network.

#### Newsletter blurb

Does your organization have an online newsletter? Add this blurb to help us spread the word!

See blurb >

#### **Posters**

We've prepared posters you can download or put up in your waiting room to help us share the news.

See poster >

### Social media

Does your organization have Facebook or Instagram? We've prepared content you can share.

See posts >



Partners for inclusive Education (PIE) is a welcoming online space committed to supporting parents/guardians to learn more about the how students with neurodiversity, disability, support needs and/or diverse abilities are supported in their neighborhood school.

**PIE** is a space where parents/guardians, staff and community come together as partners to champion inclusive education by learning and supporting each other as we navigate the school years together. We connect virtually five times a year offering workshops, speakers, and opportunities to connect with other parents/guardians.

The purpose of Partners for Inclusive Education can be found on the School District website under Parent Resources

#### Next Event Date:

The next Partners for Inclusive Education meeting is scheduled for:

Date: October 21, 2025

Time: 6:30 pm

Topic: Meeting Your SD23 Team Location: Microsoft Teams Join the meeting now Meeting ID: 298 345 755 488 5

Passcode: tb3tX3un