

KLO WEEKLY MEMO

October 13 - 17, 2025

Dear Students, Parents, Guardians and Caregivers,

Thank you to our students, families and staff for their efforts in getting Discovery Day selections completed. Please note that there is financial assistance available for Discovery Day programming, if needed. We look forward to our first Discovery Day on October 30th and know our students are excited for these special days ahead.

This school year, we will be dedicating two Thursday mornings a term to learning about, and self-reflecting on, the [Core Competencies](#). Along with literacy and numeracy, the Core Competencies are sets of intellectual, personal, and social and emotional proficiencies that all students need in order to engage in deep, lifelong learning. Throughout the year, you should receive several self reflections from your child by email. Be sure to take a moment to talk about this learning, as well as the self-reflections emails, with your child. Please note that attendance on these days is very important. Thank you for your support.

Thank you to our KLO community for all of the generous apple donations to our food programs. These apples will surely help us feed some hungry bellies.

Remember that there is no school this Friday or Monday. Our KLO team will be working on our [Student Learning Priorities](#) throughout the day on October 10, 2025. This learning will have a positive impact on our students' learning across all subject areas.

We wish all of our KLO families a wonderful Thanksgiving weekend and we look forward to seeing our students back on Tuesday.

Sincerely,
Nathen Elliott

Principal
École KLO Middle School
nathen.elliott@sd23.bc.ca



Upcoming Events...

Skix ^w iwsMonday • lundi	Tuesday • mardi sʔasíásq̃t	Wednesday • mercredi skaʔííásq̃t	Thursday • jeudi smasq̃t	Friday • vendredi scíłkstasq̃t
October 13 13 octobre	October 14 14 octobre	October 15 15 octobre	October 16 16 octobre	October 17 17 octobre
No School 	7123	4567 PAC Meeting 6:30 KLO Library KLO Wrestling Team meeting in gym at lunch Strength Training Lunch Group Sign up (gym) PAC Apple fundraiser (pick up starting at 2:30pm at the front doors)	CEd12 Hockey Academy 8:15 - 9:45 (Rink 2)	3456
October 20 20 octobre	October 21 21 octobre	October 22 22 octobre	October 23 23 octobre	October 24 24 octobre
7123	4567  Photo Retakes	123 Early Dismissal (12:15 PM) Student Led Learning Conversations / Parents Teacher Conferences Last Day to order Fresh to you fundraiser veggies	CEd45	No School Administrative Implementation Day

SCHOOL MESSENGER



If students are being signed out for early departures from school, please be sure to put it into our system. You can phone the school and press "1" to access the automated system. No time to phone? Please download the School Messenger App or go to go.schoolmessenger.ca to make signing out as simple as possible. Please click [HERE](#) to learn more. Ensuring early departures are submitted in a timely manner makes the transition out as smooth as possible. Thank you for your support and understanding.

DISCOVERY DAYS - KLO'S ENRICHMENT PROGRAM

Discovery Days will start on October 30, 2025.

You can access the Discovery Day Descriptions Booklet [HERE](#). Thank you to all of our teachers for the enriching experiences they are offering our KLO learners. This is such a great opportunity for students across all programs, and grades, to connect and engage with something they are truly excited about.

PHOTO DAY RETAKES



Photo Day retakes will be on October 21st.

Please keep in mind that students should try and wear darker clothing and simpler patterns.

No green (can interfere with the backdrop)!

*Any families requesting financial assistance to purchase school photos can reach out to vice-principal Ty Nelson at ty.nelson@sd23.bc.ca.

Our school recently participated in photo day. Your child should have a sheet similar to the one on the right. If you do not have an *Express Proof* for your child, contact Photo Expressions at studio@photoexpressions.ca or 604-477-7399 to request your Online Code.

Photo Expressions

YOUR PHOTOS ARE ONLINE! Scan the QR code below!
(Or visit weblink below)

Visit photoexpressions.ca/orders and enter your Online Code

Your personal Online Code

GRADE 7 - NETHERLANDS EXCHANGE OPPORTUNITY



Grade 7 students will have the opportunity to apply for an exchange program between KLO and a group of middle students in Veendam, Netherlands. [HERE](#) is the **application form which is due October 24 at 3:10pm**. Once all the applications have been submitted, a selection process will take place for the 24 student seats. If you have any questions, please contact Mr. Sodaro (Michael.Sodaro@sd23.bc.ca) or Mr. Boersma (Justin.Boersma@sd23.bc.ca).

Here are two Youtube videos to give an idea of the experience: [Video 1](#) & [Video 2](#)

CLAWSCO - KLO'S SCHOOL LUNCH STORE

Hooray! Clawsco, our school lunch store, received a major renovation over the summer and is now open. Snack items are being added daily so stay tuned to the menu wall for the most up-to-date options.

Monthly Prepaid Lunches: Pre-paying for the month guarantees your child gets the daily meal everyday and they do not have to wait in the main line up unless they are purchasing snacks. This will be available on SchoolCashOnline starting next week!

Monthly Cost: November \$90 / December \$70 / January \$95 / February \$85 / March \$55 / April \$105 / May \$95 / June \$70

*No refunds or partial refunds available for absences or food preferences due to the high cost of food programming.

WEEKLY MEAL MENU*

Monday - Pasta \$5

Tuesday - Burrito \$5

Options: Chicken or Black Bean

Wednesday - Sushi \$5

Options: California, Spicy California, Yam or Veggie

Thursday - Sandwich \$5

Options: Ham, Turkey or Veggie

Friday - Pizza \$2.50 / slice

Options: Cheese, Pepperoni, Ham & Pineapple or Veggie

**Subject to change as Leadership & Business classes get involved in running the school store and menu planning*



We strive to ensure all our students are well-fed and ready to learn.

Breakfast is available every morning for any students who need it. No need to sign up - just pop on by the "Cougar Den" cafeteria for some good brain food before a day of learning.



Any families who need additional food support at **lunch** can email laura.wiemken@sd23.bc.ca to be added to our school sponsored lunch list.

DIGITAL DEVICE RESTRICTIONS (e.g. Cell Phones, Smartwatch, etc)



In accordance with the requirements from the Ministry of Education and Child Care, schools across our district have updated their Student Code of Conduct to include the restricted use of cell phones and personal digital devices during school hours effective July 1, 2024. Please see [HERE](#) for further information. All electronic devices that are used for communication must be stored in student lockers from the time a student enters the school until the end of the school day, unless directly authorized by school staff. If you have any questions or concerns, please connect with Administration.

STUDENT ATHLETICS

KLO Athletics

Grade 9 Girls Volleyball

Coach: Mr. Ian Stevens

Grade 9 Boys Volleyball

Coach: Mr. Vieweg-Cyr

Grade 8 Girls Volleyball

Coaches: Ms. Blatchford & Mr. Martinson

Practices: Tuesday & Fridays 7:30am - 8:30 am

Grade 8 Boys Volleyball

Coach: Mr. McLaughlin

Practices: Tuesdays 3:30pm-4:30pm & Thursdays 7:30am-8:30am

Grade 7/8 Rugby

Coach: Mr. Bennett

Grade 7/8/9 Cross Country Running

Coaches: Ms. Richardson, Ms. Boersma & Mr. Jackman

Grade 7 Girls Volleyball

Practices: Tuesday & Thursday at lunch (11:45am-12:20pm)

Grade 7 Boys Volleyball

Practices: Monday at lunch 11:45am -12:20pm
& Wednesday after school (3:30 -4:30pm)

For detailed athletics information, please see the [KLO Athletics Website](#)
Any interested volunteers can contact our Athletic Director at garth.dupre@sd23.bc.ca

LUNCH TIME CLUBS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Games Club Library Ms. Li	Games Club Library Ms. Li Coding Club Room 6 Ms. Thodas & Mr. Wells Live Soccer Games Room 17 Mr. Bennett	Games Club Library Ms. Li Beaded Crafters Room 6 Ms. Thodas Live Soccer Games Room 17 Mr. Bennett	Games Club Library Ms. Li Coding Club Room 6 Ms. Thodas & Mr. Wells	Games Club Library Ms. Li

PARENT ADVISORY COMMITTEE (PAC)

The purpose of the KLO PAC is to promote and improve the quality of education and the well being of students at KLO Middle School. Our PAC helps decide where to allocate the gaming funds to specific needs within our school. They also run school events and fundraisers to help improve the KLO community.

The next PAC Meeting is next week on October 15th at 6:30pm in the KLO Library.

Fresh to You Fundraiser

Bundle 1 - \$25 - carrots, yellow onions, apples, russet potatoes

Bundle 2 - \$30 - Carrots, parsnips, russet potatoes, squash

Available on School Cash Online.

More info →

PAC Happy Farmer Apple Fundraiser

Available on School Cash Online.

More info →

PAC Return-It Express Fundraiser



KLO PAC has an ongoing fundraiser with **Return-It Express**.

Please consider supporting your PAC when returning your cans/bottles.

See more information [HERE](#).

KLO PAC APPLE FUNDRAISER



First Order Pick Up:
Wednesday, October 15th,
starting at 2:30pm

Second Order deadline October 24, 2025.

Orders can be placed on school cash online.
<https://CentralOkanagan.schoolcashionline.com/Fee/Details/94474/15/False/True>

Second Order Choices:
Honeycrisp Apples,
Ambrosia Apples
OR Pears!
OR chose to pay it forward
and purchase a bag for a family in need.



\$4/bag comes back to the school!

This fundraiser is brought to you by the KLO PAC.
Proceeds go towards our school FARM that supports
healthy eating for our KLO students.

PAC will arrange pick up at the school.
Thank you for your support!

FRESH TO YOU FUNDRAISER



The Fresh to You Fundraiser is a great way to fundraise
with healthy food choices while making a 40% profit for your school.

Here's What's in the Bundles

Basic bundle \$25

- 3lb Carrots
- 3lb Yellow Onions
- 3lb Apples
- 5lb Russet Potatoes

Seasonal Bundle \$30

- 3lb Carrots
- 1lb Parsnips
- 5lb Russet Potatoes
- 283g Shallots
- 3 Pack Loveable Little Squash

We love to eat fresh fruits and vegetables!

This fundraiser supports the KLO Modular farm and free meal programs in the school

Our school is making a healthy choice in fundraising by
selling top quality fruits and vegetables from BC.

Help us:

- meet our school's fundraising goals
- support healthy choices
- support local growers and producers

Fundraising Dates: October 2nd to 22nd

Fundraising Coordinator: Mme Lockwood

Purchase through school cash online .

Delivery mid November



Revised July 2025

COMMUNITY EVENTS / RESOURCES

NEW VINTAGE THEATRE

Winter Theatre Classes

November-December 2025

Professional Instruction/Last Class Show
Studio 100, Rotary Centre for the Arts

<u>Youth</u>	<u>Teens</u>	<u>Adults</u>
HOME, ALONE SATURDAYS 10-11AM OR MONDAYS 4-5:30PM	WINTER MYSTERY PLAY SATURDAYS 11-1PM	IMPROV MONDAYS 5:30-7
K-POP COMEBACK SATURDAYS 1-2PM OR WEDNESDAYS 4-5:30PM	CHICAGO MUSICAL SATURDAYS 3-5:30PM	LET'S MAKE A HOLIDAY MURDER MYSTERY IMPROV TUESDAYS 5:30-7
SLEEPING BEAUTY SATURDAYS 2-3PM OR TUESDAYS 4-5PM		

Register/Info
www.newvintage.ca

Kelowna Friends of the Library

Book Sale!

35th GREAT OKANAGAN BOOK SALE
SUPPORTING ALL BRANCHES OF OKANAGAN REGIONAL LIBRARY

Wednesday	October 15	2:00pm to 8pm
Thursday	October 16	9:30am to 8pm
Friday	October 17	9:30am to 8pm
Saturday	October 18	9:30am to 2pm

Location: Immaculate Conception Parish Hall
839 Sutherland Avenue, Kelowna

Church Parking: New One-Way System
Enter: West Alley (by Church) Exit: East Alley (by Hall)

Kelowna Friends of the Library acknowledge the support of
DR MOSHE OZ and TWO SMALL MEN WITH BIG HEARTS MOVING
fol4k@hotmail.com | www.kelownafol.ca | Facebook

Are you 13 to 17?

Shape Your Future. Drive Real Change!

Join the Kelowna Youth Safety Committee and help shape a safer city.



Work alongside police, fire, and other first responders to improve safety concerns in your neighbourhood.

- Present your ideas to City Council in June 2026
- Earn up to 40 volunteer hours
- Get a letter of reference for your next opportunity

Apply online by October 15



scan + apply



No Cover!
Come hungry for delicious, plant-based food, thirst quenching beverages, and a night you won't forget.

Jazz Jam

Second Friday of the Month
7-9 PM
Naked Cafe
571 Lawrence
(778) 484-5640



Register Today!

Big White Ski Club BLAZERS:

- 10 week program
- Starting early January, choose Saturdays or Sundays
- An introduction to ski racing
- For skiers aged 6-11 (not a learn to ski program)



BIG WHITE SKI CLUB *payment plans available
www.bigwhiteskiclub.com/registernow



Digital Toolkit

Culturally relevant mental health resources for children and youth

Share the BC Children's Hospital and Our Kids' Health campaign with parents and caregivers on your social media channels, in your waiting rooms, and in newsletters!

About our campaign

BC Children's [Health Bridge](#) and BC Children's [Kelty Mental Health Resource Centre](#) have partnered with [Our Kids' Health](#) to create culturally relevant, accessible mental health resources in multiple languages to help families promote their mental health and wellness.

The short videos and written posts feature clinicians from nine cultures, and are available in Arabic, Cantonese, Mandarin, Punjabi, Tamil, Spanish, Tagalog, Ukrainian, English, and for Black communities. They touch on key mental health topics such as anxiety, eating disorders, talking to your child about mental health, self-harm and more. The campaign will run until late Fall 2025.

Looking for the Resources?

You can find the videos and information all in one place at: keltymentalhealth.ca/multilanguage

What you can do

Share these mental health resources with the families and caregivers in your network.

Newsletter blurb

Does your organization have an online newsletter? Add this blurb to help us spread the word!

[See blurb >](#)

Posters

We've prepared posters you can download or put up in your waiting room to help us share the news.

[See poster >](#)

Social media

Does your organization have Facebook or Instagram? We've prepared content you can share.

[See posts >](#)



**Partners for
Inclusive Education**

Partners for inclusive Education (PIE) is a welcoming online space committed to supporting parents/guardians to learn more about the how students with neurodiversity, disability, support needs and/or diverse abilities are supported in their neighborhood school.

PIE is a space where parents/guardians, staff and community come together as partners to champion inclusive education by learning and supporting each other as we navigate the school years together. We connect virtually five times a year offering workshops, speakers, and opportunities to connect with other parents/guardians.

The purpose of Partners for Inclusive Education can be found on the School District website under Parent Resources

Next Event Date:

The next Partners for Inclusive Education meeting is scheduled for:

Date: October 21, 2025

Time: 6:30 pm

Topic: Meeting Your SD23 Team

Location: Microsoft Teams

[Join the meeting now](#)

Meeting ID: 298 345 755 488 5

Passcode: tb3tX3un